

FRIDAY, JANUARY 16TH, 2026			
General Stretch 8:00			
Introductions 8:20			
Awards immediately following in upstairs awards rooms			
GYM A	GYM B	GYM C	
SESSION 1A - LEVEL 9	SESSION 1B - LEVEL 8/LEVEL 9	SESSION 1C - LEVEL 4/5/GOLD	
Cincinnati Gymnastics	10 <b>L8</b>	<b>L4</b>	
Gym America	6 Above the Barre Gymnastics	1 Gym Skills Cincinnati	3
Jaycie Phelps Athletic Center	9 Gotham Gymnastics LLC	5 PowerHouse Gymnastics and Cheer Inc.	7
Olympia Gymnastics Academy	6 Gym-Nation	1 Queen City Gymnastics	1
Perfection Gymnastics School	11 Integrity Athletics	5 Tops Gymnastics	11
Queen City Gymnastics	7 Kentucky Gymnastics Academy	3 Tumble U	6
Tops Gymnastics	8 PowerHouse Gymnastics and Cheer Inc.	4	
Universal Gymnasts Inc.	4 SIGS Sportsplex	2	
Zanesville Gymnastics LLC	4 Wright's Gym. Academy	4 <b>L5</b>	
	Wright's Gymnastics Noblesville	1 Capital City Flips	9
	<b>L9</b>	Gym America	7
	Buckeye Gymnastics	Gym Skills Cincinnati	1
	Capital City Flips	3 Nashville Gymnastics Training Center	4
	Circle City Gymnastics	3 Queen City Gymnastics	6
	Five-Star Gymnastics Academy of Ohio	1	
	Gotham Gymnastics LLC	3	
	Gym-Nation L.L.C.	1 <b>XG</b>	
	Integrity Athletics	2 Fit Kids	11
	Kentucky Gymnastics Academy	3 The Elite Gymnastics Academy	4
	Nashville Gymnastics Training Center	1 Tops Gymnastics	8
	Olympic Dreams Gymnastics Inc	5 Tumble U	5
	SGA Gymnastics	7 Zanesville Gymnastics LLC	2
	SIGS Sportsplex	2	
	The Elite Gymnastics Academy	1	
	Wright's Gymnastics Noblesville	1	
	Xquisite Gymnastics	3	

FRIDAY, JANUARY 16TH, 2026			
General Stretch 12:00			
Introductions 12:20			
Awards immediately following in upstairs awards rooms			
GYM A	GYM B	GYM C	
SESSION 2A - LEVEL 10	SESSION 2B - LEVEL 7	SESSION 2C - XCEL PLATINUM	
BOLD	7 Above the Barre Gymnastics	3 Fit Kids	11
Buckeye Gymnastics	10 Capital City Flips	4 Fliptastic! Gymnastics	17
Capital City Flips	5 Cincinnati Gymnastics	20 InterActive Academy	14
Fusion Gymnastics	1 Circle City Gymnastics	5 Nashville Gymnastics Training Center	3
Hocking Valley	3 Five-Star Gymnastics Academy of Ohio	3 Queen City Gymnastics	12
Integrity Athletics	2 Gotham Gymnastics LLC	7 River City Turners	3
Nashville Gymnastics	3 Integrity Athletics	9 The Elite Gymnastics Academy	6
Olympia Gymnastics	4 Kentucky Gymnastics Academy	3 Wright's Gymnastics Academy	5
SGA Gymnastics	7 Olympic Dreams Gymnastics Inc	3 Zanesville Gymnastics LLC	2
SIGS Sportsplex	1 Tops Gymnastics	10	
Tops Gymnastics	2 Universal Gymnasts Inc.	4	
Universal Gymnasts	<b>7</b>		
Xquisite Gymnastics	8		
Zanesville Gymnastics	2		

FRIDAY, JANUARY 16TH, 2026			
General Stretch 4:00			
Introductions 4:20			
Awards immediately following in upstairs awards rooms			
GYM A	GYM B	GYM C	
SESSION 3A - LEVEL 10/OPEN	SESSION 3B - LEVEL 7	SESSION 3C - XCEL PLATINUM	
Arizona Sunrays	5 Buckeye Gymnastics	11 Buckeye Gymnastics	13
BOLD Gymnastics	4 Fit Kids	1 Cincinnati Gymnastics	8
Cincinnati Gymnastics	12 Gym America	9 Five-Star Gymnastics Academy of Ohio	10
Five Star Gymnastics	1 Nashville Gymnastics Training Center	5 Integrity Athletics	12
Gotham Gymnastics	9 Olympia Gymnastics Academy	9 Kentucky Gymnastics Academy	14
Gym America	3 Perfection Gymnastics School	7 SIGS Sportsplex	6
Jaycie Phelps Athletic Center	7 Queen City Gymnastics	10 Tops Gymnastics	3
Olympic Dreams	3 River City Turners	1 Universal Gymnasts Inc.	9
Perfection Gymnastics	6 SGA Gymnastics	13 Wright's Gymnastics Noblesville	4
Queen City Gymnastics	7 SIGS Sportsplex	5	
Universal	5 The Elite Gymnastics Academy	2	
	Wright's Gymnastics Academy	5	

SATURDAY, JANUARY 17TH, 2026			
General Stretch 8:00			
Introductions 8:20			
Awards immediately following in upstairs awards rooms			
GYM A	GYM B	GYM C	
SESSION 4A - LEVEL 8	SESSION 4B - LEVEL 8	SESSION 4C - XCEL SILVER	
Cincinnati Gymnastics	12 Buckeye Gymnastics	11 Cincinnati Gymnastics	12
Hocking Valley Gymnastics Center	1 Capital City Flips	9 Dana Mannix Gymnastics Center	22
Jaycie Phelps Athletic Center	6 Circle City Gymnastics	3 Gym America	19
Nashville Gymnastics Training Center	5 Five-Star Gymnastics Academy of Ohio	5 InterActive Academy	13
Perfection Gymnastics School	8 Gym America	7 Wright's Westfield	23
Queen City Gymnastics	19 Olympia Gymnastics Academy	8	
SGA Gymnastics	3 Olympic Dreams Gymnastics Inc	3	
Tops Gymnastics	3 Xquisite Gymnastics	4	
Universal Gymnasts Inc.	7 Zanesville Gymnastics LLC	9	

**SATURDAY, JANUARY 17TH, 2026**

General Stretch 11:45

Introductions 12:05

Awards immediately following in upstairs awards rooms

GYM A	GYM B	GYM C
SESSION 5A - LEVEL 3	SESSION 5B - XCEL DIAMOND/SAPPHIRE	SESSION 5C - XCEL SILVER
Buckeye	20	XD
Capital City Flips	12	Buckeye Gymnastics
Five-Star Gymnastics Academy of Ohio	22	Cincinnati Gymnastics
Olympic Dreams Gymnastics Inc	14	Dana Mannix Gymnastics Center
Zanesville Gymnastics LLC	23	Five-Star Gymnastics Academy of Ohio
		Fliptastic! Gymnastics
		Gym America
		InterActive Academy
		SIGS Sportsplex
		The Elite Gymnastics Academy
		Tumble U
		Wright's Gymnastics Academy
		Wright's Westfield
		<b>XSapp</b>
		Fliptastic! Gymnastics
		Hocking Valley Gymnastics Center
		Integrity Athletics
		InterActive Academy

*\*\* Three coaches will be needed*

**SATURDAY, JANUARY 17TH, 2026**

General Stretch 3:15

Introductions 3:35

Awards immediately following in upstairs awards rooms

GYM A	GYM B	GYM C
SESSION 6A - LEVEL 2	SESSION 6B - XCEL BRONZE	SESSION 6C - LEVEL 3
Gym Skills Cincinnati	4	Cincinnati Gymnastics
Tops Gymnastics	7	Dana Mannix Gymnastics Center
Tumble U	3	Queen City Gymnastics
Zanesville Gymnastics LLC	20	Wright's Westfield**
<i>Note: Session 6A will run in Modified Traditional #1 format using only 1 set of equipment</i>		
	<i>** Three coaches will be needed</i>	

**SATURDAY EVENING FOLLOWING THE FINAL SESSION OF REGULAR COMPETITION**

**THE COACHES SPECTACULAR ALL-STAR SHOWDOWN!**

***\*\* The top AA athlete at L7, L8, L9, & L10 for the first 12 gyms electing to participate will make up their gym's new 4-person team\*\****

All participating teams must be made up of one L7, one L8, one L9, & one L10 athlete

Each participating athlete will compete on one event for a total of 4 scores per team

(Coaches choose which athlete competes which event)

Participating Coaches Pre-Event Meeting/Check-In 5:45 (see Mary Lee Tracy @ the Head Table) - COACHES ONLY PLEASE

General Stretch 6:00

March-in & Flight Warm-up 6:30

Awards at conclusion on Floor

Coaches Dinner to follow

SUNDAY, JANUARY 18TH, 2026		
General Stretch 8:00 Introductions 8:20		
Awards immediately following in upstairs awards rooms		
GYM A	GYM B	GYM C
SESSION 7A - LEVEL 6	SESSION 7B - LEVEL 6	SESSION 7C - LEVEL 6 / PLATINUM
Cincinnati Gymnastics	20 Above the Barre Gymnastics	8 L6
Circle City Gymnastics	10 Buckeye Gymnastics	16 Five-Star Gymnastics Academy of Ohio
Gym-Nation L.L.C.	2 Capital City Flips	1 River City Turners
Gym America	8 Hocking Valley Gymnastics Center	9 SGA Gymnastics
Integrity Athletics	6 InterActive Academy	13 Tumble U
Nashville Gymnastics Training Center	7 Olympia Gymnastics Academy	6 Wright's Gymnastics Academy
Perfection Gymnastics School	11 Olympic Dreams Gymnastics Inc	14 Zanesville Gymnastics LLC
PowerHouse Gymnastics and Cheer Inc.	6 Tops Gymnastics	12
SIGS Sportsplex	5	XP
Wright's Gymnastics Noblesville	4	Above the Barre Gymnastics
		Dana Mannix Gymnastics Center
		Gym America
		Hocking Valley Gymnastics Center
		Tumble U
		Wright's Westfield

SUNDAY, JANUARY 18TH, 2026		
General Stretch 12:15 Introductions 12:35		
Awards immediately following in upstairs awards rooms		
GYM A	GYM B	GYM C
SESSION 8A - LEVEL 4	SESSION 8B - XCEL GOLD	SESSION 8C - XCEL GOLD
Above the Barre Gymnastics	9 Dana Mannix Gymnastics Center	20 Buckeye Gymnastics
Buckeye Gymnastics**	27 Integrity Athletics	12 Gym America
Capital City Flips	13 Queen City Gymnastics	23 Hocking Valley
Cincinnati Gymnastics	13 SGA Gymnastics	13 InterActive Academy
Gym America	18 Wright's Gymnastics Academy	22 River City Turners
Olympic Dreams Gymnastics Inc	14	Wright's Westfield
** Three coaches will be needed		

SUNDAY, JANUARY 18TH, 2026		
General Stretch 4:20 Introductions 4:40		
Awards immediately following in upstairs awards rooms		
GYM A	GYM B	GYM C
SESSION 9A - LEVEL 4	SESSION 9B - XCEL GOLD	SESSION 9C - LEVEL 3 / SILVER
Buckeye	9 Above the Barre Gymnastics	11 L3
Cincinnati	14 Cincinnati Gymnastics	15 Above the Barre Gymnastics
Five-Star Gymnastics Academy of Ohio	19 Five-Star Gymnastics Academy of Ohio	18 Gym Skills Cincinnati
Integrity Athletics	12 Fliptastic! Gymnastics	19 Tops Gymnastics
Nashville Gymnastics Training Center	8 Gym-Nation L.L.C.	18 Tumble U
The Elite Gymnastics Academy	3 SGA Gymnastics	11
Universal Gymnasts Inc.	17	XS
Zanesville Gymnastics LLC	12	Fit Kids
		Five-Star Gymnastics Academy of Ohio
		Fliptastic! Gymnastics
		The Elite Gymnastics Academy
		Tops Gymnastics