

FRIDAY, JANUARY 16TH, 2026		
General Stretch 8:00		
Introductions 8:20		
Awards immediately following in upstairs awards rooms		
GYM A	GYM B	GYM C
SESSION 1A - LEVEL 9	SESSION 1B - LEVEL 8/LEVEL 9	SESSION 1C - LEVEL 4/5/GOLD
Cincinnati Gymnastics 10	L8	L4
Gym America 6	Above the Barre Gymnastics 1	Gym Skills Cincinnati 3
Jaycie Phelps Athletic Center 9	Gotham Gymnastics LLC 5	PowerHouse Gymnastics and Cheer Inc. 7
Olympia Gymnastics Academy 5	Gym-Nation 1	Tops Gymnastics 11
Perfection Gymnastics School 11	Integrity Athletics 5	Tumble U 6
Queen City Gymnastics 7	PowerHouse Gymnastics and Cheer Inc. 4	
Tops Gymnastics 8	SIGS Sportsplex 3	
Universal Gymnasts Inc. 4	Wright's Gym. Academy 4	
Wright's Gymnastics Noblesville 2		L5
Zanesville Gymnastics LLC 4		Capital City Flips 10
	L9	Gym America 7
	Buckeye Gymnastics 4	Gym Skills Cincinnati 1
	Capital City Flips 4	Nashville Gymnastics Training Center 4
	Circle City Gymnastics 1	Queen City Gymnastics 7
	Five-Star Gymnastics Academy of Ohio 3	
	Gotham Gymnastics LLC 3	
	Gym-Nation L.L.C. 1	XG
	Integrity Athletics 2	Fit Kids 11
	Kentucky Gymnastics Academy 3	The Elite Gymnastics Academy 5
	Nashville Gymnastics Training Center 1	Tops Gymnastics 8
	Olympic Dreams Gymnastics Inc 5	Tumble U 5
	SGA Gymnastics 6	Zanesville Gymnastics LLC 2
	SIGS Sportsplex 2	
	The Elite Gymnastics Academy 1	
	Xquisite Gymnastics 4	

FRIDAY, JANUARY 16TH, 2026		
General Stretch 12:00		
Introductions 12:20		
Awards immediately following in upstairs awards rooms		
GYM A	GYM B	GYM C
SESSION 2A - LEVEL 10	SESSION 2B - LEVEL 7	SESSION 2C - XCEL PLATINUM
BOLD 7	Above the Barre Gymnastics 3	Fit Kids 11
Buckeye Gymnastics 6	Capital City Flips 3	Fliptastic! Gymnastics 17
Capital City Flips 5	Cincinnati Gymnastics 20	Hocking Valley Gymnastics Center 6
Five Star Gymnastics 1	Circle City Gymnastics 5	InterActive Academy 14
Fusion Gymnastics 1	Five-Star Gymnastics Academy of Ohio 3	Nashville Gymnastics Training Center 3
Hocking Valley 3	Gotham Gymnastics LLC 7	Queen City Gymnastics 12
Integrity Athletics 2	Integrity Athletics 9	River City Turners 3
Nashville Gymnastics 3	Kentucky Gymnastics Academy 3	The Elite Gymnastics Academy 6
Olympia Gymnastics 4	Olympic Dreams Gymnastics Inc 3	Wright's Gymnastics Academy 3
SGA Gymnastics 8	SIGS Sportsplex 4	Zanesville Gymnastics LLC 2
SIGS Sportsplex 1	Tops Gymnastics 10	
Tops Gymnastics 2	Universal Gymnasts Inc. 5	
Universal Gymnasts 7		
Xquisite Gymnastics 10		
Zanesville Gymnastics 2		

FRIDAY, JANUARY 16TH, 2026					
General Stretch 4:00					
Introductions 4:20					
Awards immediately following in upstairs awards rooms					
GYM A		GYM B		GYM C	
SESSION 3A - LEVEL 10/OPEN		SESSION 3B - LEVEL 7		SESSION 3C - XCEL PLATINUM	
Arizona Sunrays	5	Buckeye Gymnastics	12	Buckeye Gymnastics	13
BOLD Gymnastics	4	Fit Kids	1	Cincinnati Gymnastics	8
Buckeye Gymnastics	4	Gym America	9	Five-Star Gymnastics Academy of Ohio	10
Cincinnati Gymnastics	12	Nashville Gymnastics Training Center	6	Integrity Athletics	12
Gotham Gymnastics	9	Olympia Gymnastics Academy	10	Kentucky Gymnastics Academy	14
Gym America	3	Perfection Gymnastics School	7	SIGS Sportsplex	6
Jaycie Phelps Athletic Center	7	Queen City Gymnastics	10	Tops Gymnastics	3
Olympic Dreams	3	River City Turners	1	Universal Gymnasts Inc.	9
Perfection Gymnastics	7	SGA Gymnastics	13	Wright's Gymnastics Noblesville	3
Queen City Gymnastics	6	The Elite Gymnastics Academy	2		
Universal	5	Wright's Gymnastics Academy	5		

SATURDAY, JANUARY 17TH, 2026					
General Stretch 8:00					
Introductions 8:20					
Awards immediately following in upstairs awards rooms					
GYM A		GYM B		GYM C	
SESSION 4A - LEVEL 8		SESSION 4B - LEVEL 8		SESSION 4C - XCEL SILVER	
Cincinnati Gymnastics	12	Buckeye Gymnastics	11	Cincinnati Gymnastics	13
Hocking Valley Gymnastics Center	1	Capital City Flips	10	Dana Mannix Gymnastics Center	22
Jaycie Phelps Athletic Center	6	Circle City Gymnastics	3	Gym America	19
Nashville Gymnastics Training Center	4	Five-Star Gymnastics Academy of Ohio	5	InterActive Academy	13
Perfection Gymnastics School	8	Gym America	7	Wright's Westfield	24
Queen City Gymnastics	19	Kentucky Gymnastics Academy	3		
SGA Gymnastics	4	Olympia Gymnastics Academy	9		
Tops Gymnastics	3	Olympic Dreams Gymnastics Inc	3		
Universal Gymnasts Inc.	8	Xquisite Gymnastics	4		
		Zanesville Gymnastics LLC	9		

SATURDAY, JANUARY 17TH, 2026		
General Stretch 11:45		
Introductions 12:05		
Awards immediately following in upstairs awards rooms		
GYM A	GYM B	GYM C
SESSION 5A - LEVEL 3	SESSION 5B - XCEL DIAMOND/SAPPHIRE	SESSION 5C - XCEL SILVER
Buckeye	21 XD	Gym-Nation L.L.C. 21
Capital City Flips	12 Buckeye Gymnastics	4 Integrity Athletics** 31
Five-Star Gymnastics Academy of Ohio	22 Cincinnati Gymnastics	6 Hocking Valley Gymnastics Center 11
Olympic Dreams Gymnastics Inc	14 Dana Mannix Gymnastics Center	3 Queen City Gymnastics 23
Zanesville Gymnastics LLC	23 Five-Star Gymnastics Academy of Ohio	6 River City Turners 7
	Fliptastic! Gymnastics 7	
	Gym America 7	
	InterActive Academy 3	
	SIGS Sportsplex 3	
	The Elite Gymnastics Academy 5	
	Tumble U 4	
	Wright's Gymnastics Academy 1	
	Wright's Westfield 4	
	XSa	
	Fliptastic! Gymnastics 1	
	Hocking Valley Gymnastics Center 1	
	Integrity Athletics 3	
	InterActive Academy 1	
		** Three coaches will be needed

SATURDAY, JANUARY 17TH, 2026		
General Stretch 3:15		
Introductions 3:35		
Awards immediately following in upstairs awards rooms		
GYM A	GYM B	GYM C
SESSION 6A - LEVEL 2	SESSION 6B - XCEL BRONZE	SESSION 6C - LEVEL 3
Gym Skills Cincinnati	4 Cincinnati Gymnastics	6 Buckeye Gymnastics 22
Tops Gymnastics	7 Dana Mannix Gymnastics Center	17 Cincinnati Gymnastics 21
Tumble U	3 Queen City Gymnastics	22 Gym America 16
Zanesville Gymnastics LLC	20 Wright's Westfield**	35 PowerHouse Gymnastics and Cheer Inc. 6
		The Elite Gymnastics Academy 1
		Universal Gymnasts Inc. 24
Note: Session 6A will run in Modified Traditional #1 format using only 1 set of equipment	** Three coaches will be needed	

SATURDAY EVENING FOLLOWING THE FINAL SESSION OF REGULAR COMPETITION	
THE COACHES SPECTACULAR ALL-STAR SHOWDOWN!	
<p>** The top AA athlete at L7, L8, L9, & L10 for the first 12 gyms electing to participate will make up their gym's new 4-person team**</p> <p>All participating teams must be made up of one L7, one L8, one L9, & one L10 athlete Each participating athlete will compete on one event for a total of 4 scores per team (Coaches choose which athlete competes which event)</p> <p>Participating Coaches Pre-Event Meeting/Check-In 5:45 (see Mary Lee Tracy @ the Head Table) - COACHES ONLY PLEASE General Stretch 6:00 March-in & Flight Warm-up 6:30 Awards at conclusion on Floor</p> <p>Coaches Dinner to follow</p>	

SUNDAY, JANUARY 18TH, 2026		
General Stretch 8:00		
Introductions 8:20		
Awards immediately following in upstairs awards rooms		
GYM A	GYM B	GYM C
SESSION 7A - LEVEL 6	SESSION 7B - LEVEL 6	SESSION 7C - LEVEL 6 / PLATINUM
Cincinnati Gymnastics	20 Above the Barre Gymnastics	8 L6
Circle City Gymnastics	10 Buckeye Gymnastics	17 Five-Star Gymnastics Academy of Ohio
Gym America	8 Capital City Flips	2 Hocking Valley Gymnastics Center
Integrity Athletics	6 Gym-Nation L.L.C.	2 SGA Gymnastics
Nashville Gymnastics Training Center	7 InterActive Academy	13 Tumble U
Perfection Gymnastics School	11 Olympia Gymnastics Academy	6 Wright's Gymnastics Academy
PowerHouse Gymnastics and Cheer Inc.	6 Olympic Dreams Gymnastics Inc	14 Zanesville Gymnastics LLC
SIGS Sportsplex	5 River City Turners	2
Wright's Gymnastics Noblesville	4 Tops Gymnastics	13
		XP
		Above the Barre Gymnastics
		Dana Mannix Gymnastics Center
		Gym America
		Tumble U
		Wright's Westfield

SUNDAY, JANUARY 18TH, 2026		
General Stretch 12:15		
Introductions 12:35		
Awards immediately following in upstairs awards rooms		
GYM A	GYM B	GYM C
SESSION 8A - LEVEL 4	SESSION 8B - XCEL GOLD	SESSION 8C - XCEL GOLD
Above the Barre Gymnastics	9 Dana Mannix Gymnastics Center	21 Buckeye Gymnastics
Buckeye Gymnastics**	28 Integrity Athletics	12 Gym America
Capital City Flips	13 Queen City Gymnastics	23 Hocking Valley
Cincinnati Gymnastics	13 SGA Gymnastics	13 InterActive Academy
Gym America	18 Wright's Gymnastics Academy	23 River City Turners
Olympic Dreams Gymnastics Inc	14	Wright's Westfield
** Three coaches will be needed		

SUNDAY, JANUARY 18TH, 2026		
General Stretch 4:20		
Introductions 4:40		
Awards immediately following in upstairs awards rooms		
GYM A	GYM B	GYM C
SESSION 9A - LEVEL 4	SESSION 9B - XCEL GOLD	SESSION 9C - LEVEL 3 / SILVER
Buckeye	10 Above the Barre Gymnastics	11 L3
Cincinnati	14 Cincinnati Gymnastics	15 Above the Barre Gymnastics
Five-Star Gymnastics Academy of Ohio	19 Five-Star Gymnastics Academy of Ohio	19 Gym Skills Cincinnati
Integrity Athletics	12 Fliptastic! Gymnastics	19 Tops Gymnastics
Nashville Gymnastics Training Center	8 Gym-Nation L.L.C.	18 Tumble U
The Elite Gymnastics Academy	3 SGA Gymnastics	12
Universal Gymnasts Inc.	17	XS
Zanesville Gymnastics LLC	12	Fit Kids
		Five-Star Gymnastics Academy of Ohio
		Fliptastic! Gymnastics
		The Elite Gymnastics Academy
		Tops Gymnastics